

5.0 "Longlife-01"

Approved for all BMW engines, **except:** M43/CNG,
S54,
S62/E39 (up to 02/2000).

5.1 BMW Longlife-01 oils available via parts sales department:

BMW Quality Longlife-01 SAE 0W-40 (fully synthetic)
ACEA: A3/B3, API: SJ/CD, EC II

Tradename	BMW part number	Container size
BMW Quality Longlife-01	83 21 0 144 456	1 litre
BMW Quality Longlife-01	83 21 0 144 458	208-litre canister
BMW Quality Longlife-01	83 21 0 144 459	Tanker (truck)

BMW Quality Longlife-01 SAE 5W-30 (fully synthetic)
ACEA: A3/B3, API: SJ/CD, EC II

Tradename	BMW part number	Container size
BMW Quality Longlife-01	83 21 0 144 450	1 litre
BMW Quality Longlife-01	83 21 0 144 452	208-litre canister
BMW Quality Longlife-01	83 21 0 144 453	Tanker (truck)

MINI Quality Longlife-01 SAE 5W-30 (fully synthetic)
ACEA: A3/B3, API: SJ/CD, EC II

Tradename	BMW part number	Container size
MINI Quality Longlife 01	83 21 0 144 468	1 litre
MINI Quality Longlife 01	83 21 0 144 470	208-litre canister

5.2 Names of approved Longlife-01 oils:

Tradename	Viscosity	Manufacturer/Supplier
ADDINOL Super power MV 0537	SAE 5W-30	Addinol Lube Oil GmbH
Agip Formula LL B 01	SAE 0W-30	ENI S.p.A.Refining and Marketing Division
Agip Sint 2000 Evolution	SAE 5W-40	ENI S.p.A.Refining and Marketing Division
Agip TECSINT SL	SAE 5W-40	ENI S.p.A.Refining and Marketing Division
Aral SuperTronic B	SAE 5W-30	Aral
AXCL S-Class Motor Oil	SAE 0W-30	AXCL Gulf FZE
BP Visco 7000	SAE 0W-40	BP Oil International
BP Visco 7000 Turbo Diesel	SAE 0W-40	BP Oil International
Castrol Formula SLX	SAE 0W-30	Castrol Limited
Castrol Formula SLX LL01	SAE 0W-30	Castrol Limited
Castrol Formula SLX Turbo Diesel	SAE 0W-30	Castrol Limited
Castrol Formula RS Power and Protection	SAE 0W-40	Castrol Limited
Castrol Syntec	SAE 0W-30	Castrol Limited

Castrol Super Racing 0W-40	SAE 0W-40	Castrol Limited
Castrol TXT Softec LL01	SAE 5W-30	Castrol Limited
Cepsa Star Mega Synthetic	SAE 0W-30	Cepsa Lubricantes S.A.
Elf Excellium LDX	SAE 0W-30	Total
Elf Excellium XLL	SAE 5W-40	Total
Formula Shell Ultra AB	SAE 5W-30	Shell International Petroleum Company
Gulf Formula TLX	SAE 0W-30	Total
Havoline Synthetic BM	SAE 0W-30	ChevronTexaco
Havoline Ultra BM	SAE 5W-30	ChevronTexaco
Igol Process Compact P	SAE 5W-30	Igol France S.A.
Jet Top Level	SAE 0W-40	ConocoPhillips GmbH
Labo RC	SAE 0W-30	Fuchs Labo Auto S.A.
Liqui Moly Longtime High Tech	SAE 5W-30	Liqui Moly
megol Motorenöl New Generation	SAE 5W-30	Meguín GmbH
Mobil 1	SAE 0W-40	ExxonMobil
Mobil 1 Turbo Diesel	SAE 0W-40	ExxonMobil
Motorex Profile B-XL	SAE 0W-30	Bucher AG
Motorex Select SP-X	SAE 5W-30	Bucher AG
Motul Specific LL-01	SAE 5W-30	Motul S.A:
OMV full syn plus	SAE 5W-30	OMV AG
Pennzoil European Formula Ultra	SAE 5W-30	Pennzoil Quaker State
Pentospeed 0W-30 VS*	SAE 0W-30	Deutsche Pentosin-Werke
Petronas Syntium 3000 LL	SAE 5W-30	Petronas
Q8 Formula Special	SAE 0W-30	Kuwait Petroleum
Quaker State European Formula Ultra	SAE 5W-30	Pennzoil Quaker State
Satoil LazerWay B	SAE 5W-30	Svenska Statoil AB
Shell Helix Ultra AB	SAE 5W-30	Shell International Petroleum Company
Titan Supersyn SL	SAE 0W-30	Fuchs Petrolub AG
Titan Supersyn SL Longlife	SAE 5W-30	Fuchs Petrolub AG
Tor Synthetic LL	SAE 5W-30	De Oliebron
Valvoline SynPower MXL	SAE 0W-30	Valvoline
Veedol Powertron LL01	SAE 5W-30	Veedol International
Veedol Syntron	SAE 0W-30	Veedol International
Veritas Syntolube	SAE 0W-40	Ölwerke Julius Schindler GmbH
Wako's Super Synthe	SAE 0W-30	Wako Chemical Co. Ltd
Wintershall VIVA 1 Longlife	SAE 5W-30	SRS Schmierstoff Vertrieb GmbH

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